



**ST JOSEPH'S**  
CATHOLIC PRIMARY SCHOOL

*With Christ We Grow*

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4 Canberra Street | PO Box 3077  
North Mackay Q 4740

***Friday, 1<sup>st</sup> February 2019***

Dear Parents and Friends

Welcome to the 2019 school year, a year we hope will be full of learning, adventure, friendship and fun. This week we have had the pleasure of welcoming back existing members of our school community, as well as 78 new students from Prep to Year 6.

This year our theme is ....

*Together*

As we have worked through this first week, it has been wonderful to see how each classroom is embracing our theme and how our students are using this as the foundation for their learning goals this year.



I am sure you would have noticed the many changes to our school over the holiday period. We now have two newly completed toilet facilities in our Prep and Hall, with Blocks C and G to be completed in the coming weeks. Mr Charlie and Mrs Ringuet have also been working tirelessly to ensure the grounds and classrooms were back in top form for the start of the year, not to mention the huge amount of work completed by teachers to redesign our classrooms from Years 3 – 6 into flexible learning spaces.

The new furniture purchased was through the financial support of our Parents and Friends, with over \$30000 donated between 2018 and 2019 to establish these new learning environments. We are very grateful for the amazing resources we have been able to provide for students through the active involvement of our parent community. Next

week the Joey's Supporters executive will be distributing a letter to all families with a new initiative for 2019 – "Just One Thing". Our first St Joey's Supporters meeting will be held next Thursday from 3 – 4pm in our library. This is a great way for new and existing families to get involved in even just one school event and contribute to the vibrant learning community we have here at St Joseph's.

This morning at assembly we also welcomed our new Parish Priest, Father James, who has joined the St Joseph's North Mackay Parish. Father James is from Nigeria, and has been working in the Rockhampton Diocese for the past six months before his posting to Mackay. We welcome Father James and look forward to his involvement in our school community this year.

Next week we will be posting important reminders around school routines, including parking, pick-up and drop-off procedures, school uniform, and Parent Information Night via our Class Dojo App. This is our primary means of communicating with all families, in addition to email and also via our school Facebook page. We encourage all families to regularly check for school communication via these modes.

I look forward to working with all of our families this year as we strive to learn and grow together.

Bianca Hodges  
Principal

## DATE CLAIMER



All events for the school year can be found on our website calendar. [www.sjnmrok.catholic.edu.au](http://www.sjnmrok.catholic.edu.au)

## FEBRUARY

- 4-8 Swimming Lessons – Year 1 – Year 6
- 5 iPad Out of the Box Night – 5.00pm – 6.30pm
- 7 Joey's Supporters Meeting (P & F Meeting) – 6.00pm – 7.00pm
- 15 PUPIL FREE DAY – Bishop's Inservice
- 19 Opening School Mass 9am  
Parent Information Night and Welcome BBQ
- 22 Swimming Carnival

## APRE NEWS



### Term 1 Week 1

### Important Dates

Sat/Sun 2/3 March	Children's Liturgy and Rite of Enrolment (Confirmation)
Sat/Sun 16/17 March	Children's Liturgy
Sun 24 March 10.00am	Confirmation Family Workshop
	OR
Wed 27 March 7.00pm	Confirmation Family Workshop
Sat/Sun 27/28 April	Rite of Enrolment (Eucharist)
Sat/Sun 4/5 May	Children's Liturgy
Sat/Sun 18/19 May	Children's Liturgy
Sun 19 May 10.00am	Family Workshop (Eucharist)
	OR
Wed 22 May 7.00pm	Family Workshop (Eucharist)

### Prayer

Lord Jesus,  
give us the  
strength to live  
our lives,  
as witnesses to  
your love.  
In your name  
we pray.

Amen

## Gospel Reflection: Lk 4:21-30

This week's gospel completes the event in Nazareth that began last week with Jesus' declaration of mission. The initial response of the crowd is one of astonishment and approval. However, the people have largely missed the point of Jesus' teaching. When he declared that he had come to proclaim liberty to captives and to set the downtrodden free, Jesus probably didn't expect his audience to just say, 'Oh, that's nice!' The message he preached, and the message that flows throughout the Gospel of Luke, calls for a fundamental conversion of heart; a change to a life motivated by compassion for the lowly. When the people so obviously missed his point, Jesus virtually dismisses them by saying that 'no prophet is ever accepted in his own country'.

To make his point even further, Jesus then cites instances where two of the great prophets of Jewish tradition responded to the needs of pagans from Sidon and Syria rather than the needs of Israel. The two people helped are also very significant. Widows held a special place in Jewish tradition: God entrusted all widows to the care of the whole town. Whenever widows are named as being in need, it is a comment on the society as a whole neglecting its duty of care. Lepers were regarded as absolutely unclean and outcast by virtue of their condition (something that perhaps has never really changed). For Jesus to remind the people of these events is a great reprimand to them. He is, in effect, saying to them, 'if you can't accept my message I will take it to the pagans; the gentiles; and the socially unacceptable.' Is it any wonder that they tried to lynch him on the spot?

REFLECTION by Greg Sunter (liturgyhelp.com.au)

## SCHOOL COUNSELLOR

I am Dee Trannore and I have been the school counsellor for St Joseph's over the last two years and will be continuing in this role for 2019. This program was established to provide students and their families extra support within the school community and has been highly utilised over the last two years. I have run individual and group sessions, as well as whole class and school initiatives, such as the "Raise them Strong" program with the upper grades, and the "Zones of Regulations" with the younger students. My days at St Joseph's will continue to be the same as in previous years, every Monday, Tuesday and alternating Wednesdays.



School counselling is a process that occurs when a student and counsellor set aside time during the school day to explore issues or concerns they might be having both inside and outside of school. These concerns may include stress, illness, grief and loss, or significant changes at home. At school they may need support with goal setting, decision making, learning difficulties, anxiety, anger, attention, self-esteem, building resilience and negotiating friendships. I am also available to meet with parents regarding any concerns you may have, including behavioural and social issues.

If you would like your child to access this service, you will need to fill in a referral form. These are available from the front office. Alternatively, you can ask your teacher to provide you with one. If your child accessed the school counsellor last year and you would like to continue with this added support, another referral form will need to be completed. I will be sending home referrals for these students this week.

Feel free to contact me at the school, or email me on [donnetta\\_trannore@rok.catholic.edu.au](mailto:donnetta_trannore@rok.catholic.edu.au) if you have any further questions.

Thank you.

Dee Trannore.

## TUCKSHOP NEWS

Hi and welcome to Term One 2019 in Tuckshop. I hope you all had a safe and happy holiday. This term Tuckshop dates will be changing. This is due to swimming lessons, swimming carnival, athletics carnival and pupil free days. Pizza and Subway days will be on the Monday of week 5 and possibly week 10. (TBA)

Please make sure your online canteen account has been updated with the correct class teacher and year level.

[www.quickcliq.com.au](http://www.quickcliq.com.au)

Eg. STUDENT: Marry Poppins

Year: 1M

TEACHER: Mrs Mapel

If anyone needs any help setting up an account, please contact me at the school or drop in and I will be happy to assist.

## **TUCKSHOP OPENING DAYS TERM ONE 2019**

WEEK 2 - CLOSED

WEEK 3 - OPEN WEDNESDAY & THURSDAY.

WEEK 4 - OPEN TUES, WED & THURS.

WEEK 5 - OPEN MON, TUES, WED, THURS & FRI

WEEK 6 - OPEN TUES, WED, THURS & FRIDAY

Week 7,8,9 &10 are running as normal (Wed, Thurs & Fri)

If anyone would like to volunteer their time in tuckshop this year it would be greatly appreciated. If you could volunteer between 9am and 11am that would be great. If not 10-11am to help pack the boxes would also be very helpful. Helping involves: wrapping food items, sticking labels on bags and packing orders ready for children. Coffee/tea & biscuits are provided and we love to have a chat.

### **Dates helpers needed :**

Thurs 21st February

Thurs 7th March

Thurs 21st March

Please contact me at the school to let me know if you can help.

If you require further information about our tuckshop or would like to volunteer, please contact Jessica on 0401 508 029.

## **SWIMMING INFORMATION**

Dear Parents/ Carers,

As part of St Joseph's 'Physical Education Program', ALL students will take part in swimming lessons at 'Pioneer Swim Centre', North Mackay. Years 1-6 will participate in lessons in Term 1 whereas Preps will swim in Term 4. **Swimming lessons will commence Week 2, Monday 4<sup>th</sup> of February and will continue all week until Friday 8<sup>th</sup> of February.**

Students will need to bring **swimmers, a sun-safe shirt, a towel, slip on shoes and goggles (if needed)**. Swimwear can be worn to school underneath the sports uniform but **school shoes must be worn to school!**

Swimming fees will be added onto the school fees for Term 1 (Term 4 for Prep).

Our swimming carnival will be held on the 22<sup>nd</sup> of February 2019 (weather permitting). I will be attending swimming lessons all next week and will be collaborating with your child as to which swimming events they would like to participate in at the swimming carnival. Once I have completed the swimming program, I will send it out via email and if you have any questions regarding what events your child is in, please don't hesitate to see me. Please note there is no Interschool Swimming Carnival this year.

I will keep parents posted on Class Dojo regarding when our sporting carnivals will be on, or alternatively please view the school calendar.

Yours truly,

Christine McLennan (HPE Teacher & Sports Co-ordinator)

### **SWIMMING TIMETABLE 2019**

<b>9:00am - 10:00am</b>	Year 1
<b>10:00am - 11:00am</b>	Year 2
<b>11:00am- 12:00pm</b>	Year 3 & 4
<b>12:00pm- 1:00pm</b>	Year 5 & 6



# SCHOOL BANKING



School Banking is every Thursday. Bank books can either be handed into the office on Thursday mornings or handed to the class teacher. Books will be placed in the class pigeon holes in the office for collection Thursday afternoon.

The theme of the 2019 reward program is Polar Savers. Students receive a silver token for each deposit made to their account through school banking. Students can redeem 10 silver tokens for a Polar Savers reward by completing a redemption slip and returning the whole slip with the students name and banking ID on the school banking day.

## REWARD ITEMS

Term 1: Scented Stackable Highlighter, Snowy Origami Set

Term 2: Yeti Fluffy Notebook, Icicle Slapband Ruler

Term 3: Arctic Owl Fluffy Keyring, Scratch Art Cards

Term 4: Water Skimming Bounce Ball, Polar Pencils & Pencil Toppers



## IMPORTANT INFORMATION

With the changes to the banking legislation, I am asking parents to check their child's deposit slips to ensure that all details are entered correctly and that the right amount is noted. I am happy for the children to complete their deposit slips but pen or lead pencil are to be used (not texta's, crayons etc). Any deposit slips that are filled in incorrectly, or that are missing details, will be sent home not cashed due to the deposit slip being a legal document. Also only one deposit slip is permitted each week please.

I thank you for your support of the School Banking program.

# MACKAY AND DISTRICT SPORTS

Want to keep up to date with Mackay and District School Sport trial information and Interschool Competitions?

Follow their Facebook page at <https://www.facebook.com/MackayDistrictSchoolSport>



# COMMUNITY INFORMATION



## NORTHS NETBALL CLUB



Sign up on the day and go into the draw to win your fees paid for the year!!!!

9th February 10am - 2pm  
@ Northern Beaches Bowls Club  
Our club is a fun, family orientated club who achieve great things.

### CONTACT US:

Email: [northsnetball@hotmail.com](mailto:northsnetball@hotmail.com)  
Krystal Cebulski - President 0458 039 565  
Sharon Sutherland - Treasurer  
Larissa McGlade - Secretary



## Girl's Rugby League come and try day

Are you interested in joining the growing number of girls who are taking up the great game of Rugby League?

Brothers Bulldogs JRLFC will be having an open come and try day at our grounds at Theo Hansen Park at Beaconsfield on the 16th of February starting at 9am.



If you or any of your friends are interested, simply come down and say Hello and have a try and see if you like it.

We are currently recruiting girls for our:  
Under 12 (Born 2007 & 2008)  
Under 14 (born 2005 & 2006)  
& Under 17 (Born 2002, 2003, 2004) age groups.

If you would like any more information, please contact either our Girl's Coordinator Naomi Whitfield on 0409 898 434 or our President Andrew Battala on 0423 161662. To register now, Simply log on to [www.playnrl.com](http://www.playnrl.com) and register using Brothers Bulldogs JRLFC as your club.

### Kids TRY-Triathlon and Aquathon:

Date: Saturday, 23 February 2019

Ages: 5 – 12 years old (age as of 31 December 2019)

Time: 7:30am Registration – 8:00am Race Starts (based on age and distance).

Location: Blue Water Lagoon, River Street, Mackay

Online Registration: <https://www.eventbrite.com.au/e/kids-try-triathlon-tickets-54582139649>

#### Details:

This event is non-competitive/novelty. The swim will be in the lower level lagoon in waist deep water so kids can choose to swim and run or swim, ride the Blue Water Trail and run. If your kids would like to participate please complete a race registration online.

Registration is at 7.30am with the Mini Kids kicking off at 8.00am.

Event Distances Include:

#### Kids Aquathon

- 5-6 Years - 50m Swim / 500m Run
- 7-9 Years - 75m Swim / 1000m Run
- 10-12 Years - 100m Swim / 1500m Run

#### Kids Triathlon

- 7-9 Years - 75m Swim / 3.2km Cycle / 1km Run
- 10-12 Years - 100m Swim / 4.3km Cycle / 1.5km Run

This is a Triathlon Queensland Sanctioned Event and is aligned with the Triathlon Australia rules for ages and distances.

Relationships Australia  
QUEENSLAND

## POPPERS & POPSTARS

POPPERS and POPSTARS are **FREE** 6 week groups for young people whose parents are separated, part of the Parenting Orders Program (Focus on Kids) or Mediation.

2019

This group will run on Thursdays from 3.30pm – 5.00pm

**POPSTARS** Thursday 14th February – 21st March (10-13 years old)

\*Availability to provide service on other days with prior discussion with the Case Coordinator\*

†Afternoon tea provided†

#### Activities

- Arts and Crafts
- Sharing ideas
- Safety Plans
- Story time and discussion

#### Goals

- To support young people experiencing parental separation, conflict and change in their family situation
- Help young people to develop resilience, coping strategies and support networks
- Explore challenges young people may face during a time of change
- Provide a safe and fun environment for young people in which to explore, identify and express their needs, wants and support networks

2nd Floor Worley Parsons Centre, 45 Victoria Street, Mackay 4740

For more information, please call

**07 4957 4952**

