



## ***Friday, 8<sup>th</sup> February 2019***

Dear Parents and Friends,

A huge thank you to all families for your patience and understanding this week as we have tried to work around the weather! What a week! We will be holding make up lessons next Wednesday and Thursday to coincide with regular PE lessons. Students will swim both days. A total of four lessons will be added to school fees. We will be going ahead with our Swimming Carnival on Friday 22 February (Week4). Mrs McLennan will be releasing the program shortly.

A reminder that next Friday 15 February is a Pupil Free Day. On this day, all staff in Catholic Schools in Mackay will gather to listen to Bishop Michael McCarthy and a variety of other presenters. There will be Tuckshop on Wednesday and Thursday only in Week 3.

Towards the end of last year, we began our goal setting for 2019, highlighting our priorities as a school for this year. This year our whole school priorities are:

<b>CATHOLIC IDENTITY</b> Create visible links between our Catholic tradition and our school values to enhance our Catholic identity throughout our school community.
<b>WELLBEING</b> Develop and implement a consistent school-wide wellbeing framework, prioritising embedding consistent practices, explicit introduction of strengths language across the school, contributing to a positive environment for all members of our school community.
<b>SPELLING</b> Develop a whole school approach to spelling, through prioritising embedding consistent classroom practices and establishing shared language across the school.
<b>DATA</b> Full implementation of school wide processes for the collection and regular analysis of data in writing, reading and spelling to inform teaching and learning programs and as a basis for feedback and improvement.
<b>PROFESSIONAL DEVELOPMENT</b> Engage all staff in targeted professional learning to further develop the capacity of all staff to enhance our teaching and learning community.

We look forward to sharing our progress with these goals throughout the school year and will engage with parents, students and the wider community for opportunities for feedback on progress in these areas. Your input is greatly appreciated.

### **Out of the Box Night – iPads Years 3 and new students in Years 4-6**

All families of Year 3 students and any new students to our school in Years 4-6 are invited to our Out of the Box Night (postponed this week) now to be held in the hall Wednesday 13 February (Week 3). This session is for all students in Years 3 (and any new students in Years 4-6) and their parents. At this session, we will distribute iPads upon arrival, assist families to set up Apple ID and security settings, and work through an induction session to assist with set up of key features on the new iPads and to assist families to establish boundaries for these devices at home.

iPads will be available for collection from 5pm, with Apple ID set-up assistance between 5-6. The Out of the Box session will run from 6-6.30pm.

### **Parent Information Night and Welcome BBQ**

Our **Parent Information Night and Welcome BBQ** will be held on Tuesday 19 February. We will begin the evening with the BBQ from 5pm – 6pm, followed by an information session for all parents in the hall from 6-6.30pm, after which parents will move to individual classrooms for the class presentations. These sessions will ensure that you have all of the necessary information regarding school and classroom procedures for the year. Supervision will be provided for the children while parents attend these sessions and we anticipate the sessions being finished by 7.30pm. An invitation and RSVP for catering for the BBQ will be sent home next week.

### **Pick-Up and Drop-Off Procedures and Parking**

The weather this week has contributed significantly to congestion in our carpark and has highlighted some practices which may be contributing further to slowing down the traffic, particularly at pick-up between 2.40 – 3.20pm each day.

There have also been a number of parents parking in zones clearly designated as drive through only areas in the church carpark. There is no parking anywhere along the gate directly adjacent to the school fence line between 8-9am and 2-4pm. These areas are marked with a yellow line and the two parks at the end of this zone are the turning area, with clear signs in this area clearly stating no parking during this time. Parking in these zones creates a hazard for students and parents and slows down the pick-up process, which works extremely well when all people are working cooperatively.

**We would like to ask all parents leaving the Church carpark to please TURN LEFT ONLY.** This means cars will not be crossing across the traffic, which holds up the flow of the carpark and also ensures that there are no accidents due to poor visibility when there are cars parked on either side of the driveway. Cars wanting to turn right can turn around at the roundabout, which will speed up the flow of traffic in both directions.

The carpark on Canberra Street is not for parent use for pick-up and drop-off before or after school. The visibility upon entering and leaving this carpark has been assessed as an unacceptable risk during these times. **It is also not appropriate for parents to walk students in through the carpark or to encourage students to walk out through the carpark.** We have supervision at the gates to ensure students are leaving our school safely and all students and parents should use these designated gates.

The block behind our administration office is also not a suitable arrangement for pick-up or drop-off. Buses park directly in front of the entrance to this block and can cause significant risks to students using the pathway when cars are exiting this driveway. Please do not park in this area.

I appreciate the feedback that has been given regarding our pick-up and drop-off zones and will be investigating further initiatives over the coming weeks with council.

Your cooperation, patience and understanding is greatly appreciated.

Bianca Hodges  
*Principal*

# DATE CLAIMER



All events for the school year can be found on our website calendar. [www.sjnmrok.catholic.edu.au](http://www.sjnmrok.catholic.edu.au)

## FEBRUARY

- 15 PUPIL FREE DAY – Bishop's Inservice
- 19 Opening School Mass 9am  
Parent Information Night and Welcome BBQ
- 22 Swimming Carnival



## APRE NEWS



**Term 1 Week 2**

### *Important Dates*

Sat/Sun 2/3 March

Children's Liturgy and Rite of Enrolment (Confirmation)

Sat/Sun 16/17 March

Children's Liturgy

Tue 19/02 9.00am

Opening School Mass

Wed 6/3 Time 9.00am

Ash Wednesday Liturgy

Sun 24 March 10.00am

Confirmation Family Workshop

OR

Wed 27 March 7.00pm

Confirmation Family Workshop

Rite of Enrolment

Sat/Sun 27/28 April (Eucharist)

Sat/Sun 4/5 May

Children's Liturgy

Sat/Sun 18/19 May

Children's Liturgy

Sun 19 May 10.00am (Eucharist)

Family Workshop

OR

Wed 22 May 7.00pm (Eucharist)

Family Workshop

### *Prayer*

Lord Jesus,

may we be ever diligent  
in proclaiming  
the good news  
of God's love  
and salvation.  
In your name  
we pray.

Amen

## Gospel Reflection: 5<sup>th</sup> Sunday Ordinary Time Year C

The essence of true discipleship is not the disciple's qualification for the job but the degree to which the disciple allows God to work with her/him. Any success we might have beyond this point is down to our correspondence with the gift from God. As St Paul puts it: 'by the grace (gift) of God, I am what I am.' The practice of genuine Christianity involves seeing Christ in others and getting outside ourselves to imitate the compassion and understanding of Christ in all our dealings with others.

by Laurie woods

## TUCKSHOP NEWS

Tuckshop will be open Wednesday and Thursday next week (week3) only.

Please make sure your online canteen account has been updated with the correct class teacher and year level.

[www.quickcliq.com.au](http://www.quickcliq.com.au)

Eg. STUDENT: Marry Poppins

Year: 1M

TEACHER: Mrs Mapel

If anyone needs any help setting up please contact me at the school or drop in and I will be happy to assist.

### **TUCKSHOP OPENING DAYS TERM ONE 2019**

WEEK 3 - OPEN WEDNESDAY AND THURSDAY.

WEEK 4 - OPEN TUES, WED, THURS.

WEEK 5 - OPEN MON, TUES, WED, THURS & FRI

WEEK 6 - OPEN TUES, WED, THURS, FRIDAY

Week 7,8,9 &10 are running as normal (TBA)

If anyone would like to volunteer their time in tuckshop this year it would be greatly appreciated. If you could volunteer between 9am and 11am that would be great. If not 10-11am to help pack the boxes would also be very helpful. Helping involves: wrapping food items, sticking labels on bags and packing orders ready for children. Coffee/tea & biscuits are provided and we love to have a chat.

### **Dates helpers needed:**

Thurs 21st February

Thurs 7th March

Thurs 21st March.

Please contact me at the school to let me know if you can help.



Term 1 school fees have been emailed to parents today. The due date for payment is 22<sup>nd</sup> February.

If you do not receive your fees or need to discuss payment arrangements, please call Di Wilson on 49573355.

## SAVE THE DATE!!!

Our P & F are holding a Rock & Roll themed Trivia Night on 30<sup>th</sup> March from 6pm – 8.15pm.

**WATCH THIS SPACE FOR MORE INFORMATION IN THE COMING WEEKS.**

# MEDICAL ACTION PLANS

As a part of our new year request for information, we are asking parents and carers to provide the school with any relevant and up-to-date information relating to any medical conditions that your child may suffer from.

It is important that the information given to the school is accurate, is provided on the advice of a GP/doctor/paediatrician (Eg Medical Action Plans), and is up-to-date. The accuracy of this information helps guide any professional development and risk management strategies for staff. It also assists the development of medical alert identification posters and school-based action plans. Such medical conditions could relate to asthma, anaphylaxis, allergies etc.

# SCHOOL COUNSELLOR

## The Homework Battle

A number of parents I talk to have the same fight with their kids. That is, the struggle to get them to do their homework. All the nagging, fighting and threats tends to create so much tension and anxiety with both the child and the parent, that even parents end up dreading homework. Unfortunately, I have no magic formula for this. The truth is, you cannot make your child care about their homework by fighting and threatening them with consequences. They need to learn to be responsible and have ownership for their own academic success. However, to make homework less of a battle and assist your child in becoming more responsible for their learning, here are some strategies that will help you keep your sanity during homework time.

### **1. Stop the fight**

The only way you are going to stop fighting with your child is if you disengage. Calm down and allow your child to work on their own. If they need help, they can ask.

### **2. Homework rules**

Set mutually decided upon ground rules for doing homework. That is, what time should it be done and where it should be done. The environment should be free from distraction and comfortable, but let them choose where. By doing this your child will feel empowered and in charge, as you have given them some control. Also, discuss with them what types of consequences should be in place if they do not do their routine. By having them decide on the consequence for failing to do homework gives them ownership for their learning.

### **3. Understand the benefits of homework**

Homework reinforces what the students are learning during the day, instils self-discipline and teaches time management and organisational skills. Each of which are necessary life skills for success. However, if you have the attitude that homework is not important, then so will your child.

### **4. Hard homework vs easy homework**

Some tasks are going to be harder than others. By doing the harder tasks first, when they are more alert, they will be more successful than when completing them at the end when they are more fatigued.

### **5. Give them a break**

Don't force kids to do their homework the moment they get home from school. Allow them at least 30 minutes to unwind, recharge and have a snack before they begin. Try to keep this screen free time though. It will be harder to get them away from the TV or iPad.

There is no simple solution for getting a child to do their homework, but hopefully these strategies will help ease those battles. Just remember to include your child in the decision making regarding homework. They have to be part of the process for it to be successful.

If you have any questions regarding study habits or any other concerns feel free to contact me at the school, or email me on [donnetta\\_trannore@rok.catholic.edu.au](mailto:donnetta_trannore@rok.catholic.edu.au)

# DRAMA 2019

Join our extra-curricular drama lessons at St Joseph's on Monday afternoon in the hall 3:15 - 4:15. Explore all aspects of drama and prepare awesome groups to perform. Boosts confidence and teamwork! Email [sodramaticpas@gmail.com](mailto:sodramaticpas@gmail.com) or 0413032134.

Eleanor Woodman



# COMMUNITY INFORMATION

Attention all boys and girls

**BORN 2009**

MACKAY RANGERS FOOTBALL CLUB

Needs you for its Under 10 team



Give Soccer ago! Come join our club!

Wednesday 3:45pm at  
Eric Homan Park, Riverside Drive  
More Info Contact Ashley: 0408194059  
ashleymiles@live.com.au



## SIGN-ON INFORMATION DAY

2nd March 2019  
Theo Hansen Park  
**10am-1pm**

Full Training Provided  
(Thursday Afternoons)

GRADES	Game Days
T-Ball	Saturday
U/12's	
U/14's	
B Grade (Men & Women)	
A Grade (Men & Women)	

 Hawks Softball Club Mackay  
Hawkssoftballclub@outlook.com  Poster Maker



## NDIS Jigsaw

*Information Sessions – Conquer Your Goals.*

*CentacareCQ believes everyone should have the opportunity to enjoy life to their full potential; understand your individual needs; get the most out of your services; help make your goals a reality.*

### What to expect

- Does your plan fit?
- Are your goals current?
- Are your supports reasonable and necessary?
- Do your supports help you achieve your goals?
- Do you require a review?
- Q & A's

### Who can attend?

- Parents
- Participants
- Carers

### When:

- Tuesday, March 5, 2019 at 10am
- Wednesday, March, 2019 at 10am
- Wednesday, March, 2019 at 5:30pm
- Thursday, March 7, 2019 at 10am

**Where:** CentacareCQ 35 Milton Street Mackay

**RSVP:** Monday, March 4, 2019.

**Cost:** Free

**To register or for more info:** 1300 523 985 or  
registrations@centacarecq.com

