



**ST JOSEPH'S**  
CATHOLIC PRIMARY SCHOOL

*With Christ We Grow*

P 07 4957 3355 | F 07 4957 4540

E [sjnm@rok.catholic.edu.au](mailto:sjnm@rok.catholic.edu.au)

[www.sjnmrok.catholic.edu.au](http://www.sjnmrok.catholic.edu.au)

4 Canberra Street | PO Box 3077  
North Mackay Q 4740

***Friday, 19 July 2019***

Dear Parents and Friends

Welcome to Term 3. This week we started our week with a special combined Catholic schools celebration of NAIDOC Week, which falls within the June/July holidays. This was a wonderful celebration and recognised the important role we all play in promoting and celebrating the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

Next week all students from St Joseph's will have the opportunity to experience 'Island Dreaming', a storytelling program that incorporates traditional stories given modern relevance through song and dance, instruments (didgeridoo, bipra (clap sticks), kulaps (shakers), boomerangs) and cultural insights. With lots of participation and plenty of laughter, this is a unique murri presentation created for reconciliation.

Phil Geia is a Bwgcolman (many tribes) with family ties to Yarrabah and the Torres Straits. He had the privilege of attending two types of schools: a mainland school and an Aboriginal school where his grandfather was a teacher. Phil has many years' experience working with school children both nationally and internationally and for the past few years has been working as Cultural Officer at Palm Island. We look forward to welcoming Phil to St Joseph's and thank CEO for their support through a \$1000 grant to assist funding this NAIDOC presentation for our students.

### **CATHOLIC EDUCATION WEEK ACTIVITIES**

Week 3 is Catholic Education Week, and we will be hosting a number of activities to celebrate being part of Catholic Education. This will be kicked off with our Family Fun Day and Markets on Sunday 28 July. Monday we will be hosting a special Beanie Day in support of Molly Pace's efforts to raise funds for Brain Cancer. Friday we will be having a special sausage sizzle lunch, followed by whole school mass and then a great afternoon of activities. Families are invited to join us to celebrate all that makes Catholic Education great during this week of activities!

### **Help Molly Pace Cuttin' Curls make a Difference**

On Monday 29 July, all students are invited to wear a beanie to school in support of fundraising and awareness raising for brain cancer. We have had many families in our school affected by cancer in its many forms, and this year Molly Pace (Year 6) has decided to shave her head, with an aim of raising \$5000 for brain cancer research. Students are invited to support this day by wearing a beanie and bringing along a donation on the day. Molly will shave her head at assembly on this morning and all families are welcome to join us for this assembly. Alternately, Molly also has a fundraising page that you can donate to via the link below.

*"In 2006 my eldest sister Jayde (who attended St Joseph's) lost her battle with brain cancer before I even got the chance to meet her. I can't change that, but I've created this page because I want to make a difference and hopefully help find a cure for this terrible disease."*

*I'm inspired by the work of the Mark Hughes Foundation and wanted to support them by raising money. Please help me help them by giving whatever you can using the 'Give Now' button via the link below. The more people that know about Mark Hughes Foundation, the greater their impact, so please also spread the word by sharing my page with your friends and family. Thank you in advance for your generosity, it means a lot!"*

<https://give.everydayhero.com/au/molly-pace-cuttin-curles>

### **Family Fun Day and Markets**

A huge thank you the hard-working committee of parents and staff who are putting together our Family Fun Day and Markets. This is our major fundraiser towards a new Senior Playground this year. Your support of this day through volunteering just an hour of your time and through attending and encouraging friends and family to attend would be greatly appreciated.



### **PERSONAL AND SOCIAL DEVELOPMENT EDUCATION – YEARS 4 – 6**

This year we will begin implementing the sexuality components of Personal and Social Development Education for students in Years 4 – 6. The program is based on research into developmentally appropriate and important information for children as they progress towards puberty. We appreciate the important partnership we have in the education of your child, and to support this we have



arranged an opportunity for you, as parents, to engage with the content and resources used in the program. There will be an opportunity to view some of the resources used in the program at a combined **Years 4 - 6 Parent Information Session** to be held **Tuesday 6 August, 20 from 5pm – 6pm** in the library. Attendance is encouraged, as it offers you the opportunity to become fully aware of the content of the program prior to the delivery of lessons on Thursday 9 and Friday 10 August.

### CHALLENGE CUP

Our girls have competed well over the past two days with the following results:

21-2 Loss to St Anthony's Rockhampton

24-3 Loss to Sacred Heart Blue Yeppoon

14-7 Loss to St Peters Rockhampton

23-0 Win over St Brigid's Emerald

18-3 Win over St Joseph's Blackall

13-11 Loss to Emmanuel Gold Mackay

15-8 Win over St Joseph's Bundaberg

### FINAL DAY

Our girls made it to the semi-finals for the "Medal" division, but were defeated 17-13 to St Mary's Bundaberg. They played off for their final placement and ended the carnival with a win 17-8 over St Benedict's Yeppoon. Overall the girls placed 19<sup>th</sup> out of 32 netball teams competing.

Huge thanks to Gillian Holcombe and Tracey McCosker for umpiring, to Michelle Vella for being our organised team manager, and all other parents for scoring duties and other general duties. Special thanks to Mrs Evans for preparing and coaching the girls for the carnival.



### FAREWELL

Before the holidays we farewelled Mr Charlie from his position as Groundsperson at St Joseph's. We would like to thank Mr Charlie for all of his dedication to the role during his time here. This week we have welcomed Mr Tim Carter as our new Groundsperson.

This week we also farewelled Mrs Wilson, Finance Secretary at St Joseph's. Mrs Wilson has been such a wonderful presence in our office, always completing her duties with efficiency and compassion, and we wish her every blessing as she journeys on to a new exciting venture and study. We had many applications for this position and we are currently in the process of shortlisting for this position and hope to make an appointment in the near future.

Finally, I will be away next week attending a Professional Development course in Rockhampton. During this time, Mrs Mallet will be Acting Principal in my absence.

Bianca Hodges  
*Principal*



### IMPORTANT DATES

Sat/Sun 20/21 July  
Mon 22 July  
Fri 26 July  
Sat/Sun 27/28 July  
Mon 29 July

Fri 2 Aug

Children's Liturgy 6pm/9am  
Pie Productions – Island Dreaming  
Confirmation Practice 3.30pm  
Confirmation 6pm/9am  
Shave For a Cure – Molly Pace  
8.40am  
Catholic Education Week  
Catholic Education Week mass at  
midday



**T**ogether  
**E**veryone

**A**chieves

**M**ore



**In what simple ways can we be team players at home?**

- Taking your dishes to the sink after dinner
- Saying thank you to mum or dad for making your meal
- Packing up your toys after you play with them

**In what simple ways can you be a team player at school?**

- Tucking your chair in when you leave your desk
- Being lined up ready for class after breaks
- Listening when others are speaking

### Gospel Reflection – Sunday 21<sup>st</sup> July

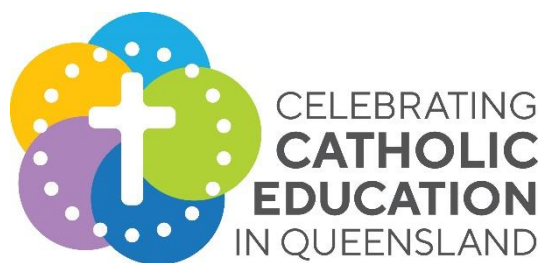
The story of Martha and Mary is fraught with danger for any interpreter. The traditional approach sees Mary as a model of discipleship. She sits and listens to the word. This has even been presented as valuing the contemplative life over the active life. But it is not as simple as this. Last Sunday we heard a Gospel that criticised the Priest and Levite in their concern for 'religious' duties that led to their not giving practical care to the traveller in need. The one who reached out in service is the one praised. In fact, the Samaritan's service is presented as religious in the symbols of pouring oil and wine, which are usual votive offerings.

When reading this Gospel passage, it seems even more likely that Martha's hospitality and service cannot be the problem. Martha is the one who offers welcome into her house and then service to the traveller. Two Sundays ago, we heard that this is the way that a disciple is to be made welcome and where this welcome is given; a blessing comes to the house.

*© Dr Mary Coloe – [liturgyhelp.com](http://liturgyhelp.com)*

# Catholic Education Week

**28 July – 3 August 2019**



Dear Parents/Caregivers

**Catholic Education Week** will be celebrated across Queensland from 28 July – 3 August 2019.

This annual event is held to promote the special ethos of Catholic schools and to highlight the great things that take place in Catholic schools every day.

The theme for this year's celebrations is: **Many Voices. One Spirit.**

Catholic education strives to make a difference in the lives of those in our schools and in the wider community by challenging young people to live out the message of Jesus and to reach their full potential as compassionate, contributing, life-giving members of society.

There are 306 Catholic schools in Queensland that educate around 149,000 students and employ more than 20,000 teachers and staff, and most will celebrate Catholic Education Week in some way.

Our school is planning a number of activities during the week and we hope you are able to join in the celebrations with us.

I thank you for your ongoing support and look forward to seeing you during Catholic Education Week 2019.

Yours sincerely

**Bianca Hodges**

**Principal**



## **Listed below is a schedule of activities/events at St Joseph's during Catholic Education Week:**

- |                                |  |
|--------------------------------|--|
| Monday 29 <sup>th</sup> July:  | Molly Pace will shave her head for Brain Cancer. Gold coin donation for Molly's huge effort. Beanies will be on sale to also support this cause.                                   |
| Friday 2 <sup>nd</sup> August: | 10:40am P&F Sausage Sizzle<br>12.00 noon Catholic Education Week mass<br>1.00pm Afternoon Tea<br>1.20pm Catholic Education Week activities at various locations around the school. |

## DATE CLAIMER



### JULY

28 St Joseph's Family Fun Day & Markets  
28 – 3 Catholic Education Week

### AUGUST

2 Catholic Education Week Activities  
8 Joey's Supporters Meeting

## CONGRATULATIONS

Congratulations to Fr James on the 5<sup>th</sup> anniversary of his ordination. Today Prep and Year 4 were lucky enough to celebrate this special day for Fr James with Fr Stephen and parishioners.



## ENROLMENTS 2020 PREP

Enrolments for Prep are currently being taken for the 2020 school year. If you have a child due to commence Prep next year born July 1, 2014 and June 30, 2015 please complete an enrolment form available from the school office or download from the school's website. When returning the enrolment form, please ensure there is a certified copy of your child's birth certificate, baptismal certificate & immunisation records. It is essential that we have our current families accounted for so that we know the number of places available for new families. **We need to sight the original birth certificate or have a certified copy please.**

## SCHOOL FEES



School fees are now well overdue. If you are experiencing any difficulties with payments or would like to set up a payment plan, please phone the office on 49573355.

## TUCKSHOP NEWS

Welcome back to Term 3 Tuckshop. I hope everybody had a safe and happy holiday. This term our opening hours have changed. We are now open from Tuesday to Friday. On **Tuesdays**, I have added an all-day breakfast menu. Our normal menu is also available. **Wednesday** is our special burger days. We have mince, chicken or fish burgers available. There are new homemade items added to our daily menu, such as shepherd's pie, pizzas and quiche.



Also on Tuesdays we are offering family dinners for four. They are on our online ordering system and the menu can be found on our website. I am limiting this to 10 orders only so please try to order in advance so as not to be disappointed. I will be trialling these changes this term to see if it will benefit our school and our families and would appreciate your support. I also welcome feedback if you would like to drop in and have a chat.

### **TUESDAY SPECIALS**

Bacon and egg muffin \$4  
Hotcakes with butter and maple syrup \$4  
Hashbrown. \$1.50  
Fresh fruit salad  
- rockmelon and/or watermelon. \$4

### **WEDNESDAY SPECIALS**

Homemade mince burger \$5.50  
Chicken fillet burger \$5.50  
Battered fish burger \$5.50

### **FAMILY DINNERS**

Lasagne -GF available  
Spaghetti - GF available  
Enchiladas- GF available  
Nachos - GF available  
Sweet Potato Shepard's Pie - GF  
Garden Salad  
Garlic bread  
Quiche Lorraine

Tuesday 23 <sup>rd</sup> July	N/A
Wednesday 24 <sup>th</sup> July	N/A
Thursday 25 <sup>th</sup> July	N/A
Friday 26 <sup>th</sup> July	Anna Deguara & Stephanie Ferris
<b>HOMEBAKE ROSTER</b>	
Chocolate Slice	NOT REQUIRED
Pikelets	NOT REQUIRED

## Walking Netball

**FUN, FITNESS, FRIENDSHIP, SOCIAL, SAFE**

**All Ages TO 100 + YRS**



**The game has been designed so anyone can play, regardless of age, gender, ability or fitness level.**

**It's a great way to stay active with minimal risk of injury, a chance to increase fitness and meet a bunch of new friends.**

**Mackay Netball Courts, Casey Avenue, Mackay**

**\$10 per head per game**

**Please register your interest at**

**<https://walkingnetballqueensland.com.au/product/mackay/>**

**STARTING: Monday 22<sup>nd</sup> July 9 am**

**Friday 26<sup>th</sup> July 6 pm**



A great family morning out that's so much more than just for fun...

**MACKAY Caneland Park**  
(nr Bluewater Lagoon)  
**Sunday 18<sup>th</sup> August 2019**

7:30am - 5km | 8:00am - 1.5km Dog walk

Sponsored by **adani**

Every registration goes into the draw to win 2 nights accommodation in Airlie Beach and more!

**All funds raised will be donated to Cystic Fibrosis research!**

Did you know? 1 in 25 Australians carry the gene for Cystic Fibrosis!

Register before June 23<sup>th</sup> to secure your free participation shirt/single

You don't have to run... just walk... or just donate

**JUMPING CASTLES PRIZES**  
**FOOD STALLS AND MORE.....**

Proudly Supporting  
**CYSTIC FIBROSIS**  
Australia

**Tropical designs**

Like us on Facebook

**We support fast tracking a cure...**

**Registrations/Donations: [www.runas1.com.au](http://www.runas1.com.au)**



## 1-2-3 Magic & Emotion Coaching

**RESOLVE DIFFICULT BEHAVIOUR IN CHILDREN 2-12 YEARS OLD**

A PARENT EDUCATION COURSE

AT Churches of Christ Care Mackay

AT 5:30pm Tuesdays or 10am Thursdays

ON

Meeting 1: Tuesday 23 July or Thursday 25 July  
Meeting 2: Tuesday 30 July or Thursday 1 August  
Meeting 3: Tuesday 6 August or Thursday 8 August

### PARENTS AND CAREGIVERS WILL LEARN

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing strategies - the 3 choices model
- Using emotion coaching to encourage good behaviour
- Strategies for encouraging good behaviour

### ATTENDEES RECEIVE

- A workbook to apply the concepts learnt to their families
- A certificate of completion

### WHO IS RUNNING THE COURSE?

The course facilitator is Nadine Jordaan

who completed the 1-2-3 Magic® & Emotion Coaching practitioner training on 12 February, 2019

### REGISTER TODAY

By contacting Nadine Jordaan on 07 4953 6100

Address: 110B Wood Street, Mackay

Please note to complete this course all three meetings must be attended. Attendees must have a child aged between unborn to 18 years in their care, who are not currently subject to Child Safety Services Intervention.

Parentshop has helped over 110,000 people. Our practitioners are qualified professionals who are experienced in working with children, youth and families.

**An end to arguing and yelling – It changed our lives – Simple, sane, effective**